HOW CBD CAN TREAT SYMPTOMS OF FIBROMYALGIA

ELIMINATES MIGRAINES AND HEADACHES

Studies are showing the CBD is much more effective and safe, than prescription painkillers, reducing the intensity of the pain of a headache experienced by a fibromyalgia sufferer.

REDUCES INFLAMMATION & “FLARE UPS”

It’s common to experience “flare-ups” where pain can be absolutely unbearable and debilitating in these areas or any other affected areas of the body. Since pain is the body’s response to inflammation, introducing CBD into your endocannabinoid system reduces inflammation and decreases pain caused by “flare ups” due to fibromyalgia.

FIGHTS ANXIETY & FIBRO FOG

CBD products can be used to increase brain function, concentration, elevate mood and improve cognitive abilities when experiencing “fibro fog”. While it won’t be a “magic cure” CBD can act as a mood elevator and interrupt the way your brain is experiencing feelings of fogginess or fatigue and the feelings of anxiety that may result.

PROMOTES HEALTHY RESTFUL SLEEP

CBD has been revered for its ability to reduce feelings of anxiety, alertness and awareness in the person suffering from the pain of fibromyalgia and improve overall sleep patterns, including allowing for extended rest and relieving insomnia.

REDUCES IBS SYMPTOMS

With Irritable Bowel Syndrome (IBS) and fibromyalgia often co-occurring, CBD gives the endocannabinoid system a constant stream of internal regulators that will help control flare-ups, problems with IBS, or chronic pain before they begin.

EVERY DAY OPTIMAL

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